

The Inside Rail



Our top tips for how to wind down

There are several ways an owner can get a retired greyhound ready for life as a pet. A wind down period can be useful when it comes to that pet reset. You can use it to:

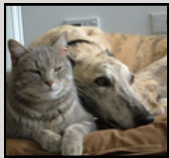
Adjust your greyhound's diet and exercise regime



Teach your greyhound to walk stairs and different surfaces



Make your greyhound comfortable with other people and animals



Make your greyhound comfortable with a variety of noises



Remember to take 5

Vaccinating your greyhounds to C5 level not only means they can race, but it protects them against diseases.

However, it is important to remember that a greyhound must not compete in a race or trial for five days after being vaccinated.



Wearing the track attire we desire?

If you are a trainer or handler, then there is dress code which applies to you designed to promote the image of greyhound racing.

YES!

Navy or black pants, skirt or tailored dress shorts

NO!

Leggings, tights, tracksuit pants, casual shorts



DID YOU KNOW ?

Race with confidence

Are you ready to **Race Well?**

Race Well is the new app which will offer a fast and simple way to determine if a medication/substance is safe to administer to your greyhounds.

It's coming soon!



Race Well

Code of practice

Part 3: Health and Wellbeing

HEALTHY RELATIONSHIP:

Participants must ensure that they have reliable access to a veterinarian capable of providing 24-hour advice in regard to all greyhounds in their care.

Veterinary treatment must be provided to a greyhound where necessary.



From the Stewards' box

X MARKS THE SPOT: The GWIC stewards team now has an official Twitter X account. Created to keep you up-to-date with race day operations, the new @GWIC_Stewards account will keep you informed about:

- ✓ Late scratchings
- ✓ Track inspections
- ✓ Impact of weather extremes
- ✓ Alterations in race times

Check it out and give us a **follow!**

